

## How You Can Help

- ▶ Do not look away if you witness an attack. Go and get help! Make sure you consider the needs of the person concerned when doing so. Do not do anything they do not want you to!
- ▶ Offer the person concerned your support and tell them about our counselling service.
- ▶ We also document the extent of right-wing-motivated violence in Thuringia. If you see or find out about an attack, please get in touch with us. You may report the attack anonymously if you wish.



### Thank you for donating!

Donate to the relief fund for victims of right-wing and racially motivated violence and anti-Semitic hate crimes in Thuringia. It offers quick and hassle-free financial support (e.g. to pay legal fees).

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*ezra is a specialised counselling service which supports, assists and empowers victims of right-wing and racially motivated violence and anti-Semitic hate crimes in Thuringia.*

*We stand in solidarity with those attacked and work to raise public awareness of the perspectives and demands of the people affected by these types of violence.*

### ezra – counselling for victims of right-wing, racist and anti-Semitic violence in Thuringia

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Thüringer Landesprogramm für Demokratie, Toleranz und Wirtshaftlichkeit



Ministerium für Soziales, Gesundheit, Arbeit und Familie

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*Counselling for victims of right-wing, racist, and anti-Semitic violence in Thuringia*



ezra.de

## How We Can Help

### Counselling

We offer prompt and flexible appointments for counselling. We offer a safe and supportive environment for you to talk about the incident, either at our office or in your home. We will help you tackle the consequences of right-wing-motivated violence, provide support in crisis situations and work with you to identify your options to handle the situation.

### Assistance

If you wish, we will accompany you to appointments with responsible authorities (police, courts, etc.), physicians, therapists, and lawyers. We can help you prepare for the appointment and talk about it afterwards.

### Support

We will help you find a suitable physician, therapist, or lawyer. We will help you apply for financial support and victim compensation. We will show you how to connect to other persons affected by right-wing-motivated violence or how to find people who can support you locally. If you explicitly want us to, and in close consultation with you, we will make your case known to the public. All our offers are adapted to what you want and need at this moment. We will organise an interpreter if needed.

## Who Can Contact Us?

Any person affected by acts of violence and crime as well as their relatives and friends and any witness of such acts.

### Please contact us if you have been attacked for any of the following reasons:

- ▶ racism (e.g. anti-Roma racism, anti-Muslim racism, anti-Black racism),
- ▶ anti-Semitism or
- ▶ on account of your alternative appearance and/or your non-right-wing attitude,
- ▶ your sexual orientation and/or sexual identity (LGBTIQA\*),
- ▶ for reasons of social Darwinism (e.g. people who are (long-term) unemployed or homeless, people with disabilities),
- ▶ your actions and activities against the extreme right and/or in support of human rights (privately or as part of your political office),
- ▶ your journalistic activities (e.g. researching the far right), or
- ▶ your religious affiliation.

**We define a violent attack** as physical violence (actual or attempted (grievous) bodily harm, homicide, arson, and robbery) as well as threats, harassment and wilful damage to property with severe consequences for the persons affected.

**You do not need to file a criminal complaint to receive counselling.** We offer counselling regardless of whether the incident is being prosecuted or not. We will also counsel you if the perpetrator was a police officer.

☎ **0361 – 21865133**

✉ **info@ezra.de**

## Our Guiding Principles

### Partiality

We are on your side. We listen to what you have to say and take your account seriously.

### Impartiality

We act independently of public authorities, the judiciary, and the police.

### Confidentiality

All our counselling sessions are confidential. We will not pass on any information without your consent. We are bound by the principles of confidentiality.

### Free of charge

All counselling is free of charge.

### Anonymity

We counsel anonymously. You do not have to tell us your name if you do not want to.